



THE LOGAN AND BEAUDESERT BUSHWALKERS



NEWSLETTER

DECEMBER 2006

December Meeting Report

- 7 attendees & an early night.
- Planning of the next few months to cover to the end of 2006 - both Saturday & Sundays programs.

THE CLUB'S NEXT MEETING:
JANUARY MEETING is on
Tuesday 9 January 2007 at the
 Community Centre, Wharf Street,
 Logan Village, - 7.30 pm. Cuppa
 afterwards. Members and visitors
 are welcome

Thank you

*A special thank you to Ron
 and Sandra Burry, our
 excellent hosts of our Club
 Christmas Party on
 9 December last.*

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MOST IMPORTANT NOTE:
 Some walks may be changed at
 last minute due to weather or
 other conditions. PLEASE ensure
 you contact coordinator before
 your chosen walk

Grade DESCRIPTION

†1- 1½	Suitable for beginners with a basic level of fitness.
†2- 2½	Also suitable for beginners with a good basic level of fitness (some walks include steep hill-climbs and rock hopping).
†3- 3½	Requiring good levels of fitness and agility, usually involving scrambling and navigational problems.
†4- 4½	<u>ALWAYS</u> requiring high levels of fitness and agility with good navigational and scrambling skills.
5 +	HARD WORK- skill required

We would like to encourage any one who goes on a walk to submit a report so we can include it in subsequent copies of the club newsletter.

THANKS TO A VARIETY OF CORRESPONDENTS FOR THIS MONTHS WALK REPORTS.

Suggestions for future events.
 Through walks, camps in State Forests, Hinchinbrook OR Fraser Island. Please advise your interest to ROBIN L. or KIT.

CLUB COMMITTEE

President- Robin Laban...

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Publicity Officer...Robin Watt

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make sure these are in your pack !!!!!
 every week... every walk

- hat
- food
- sunscreen
- 1-2 L of water
- raincoat
- paper & pencil
- jumper
- map & compass
- lighter or matches
- insect repellent
- whistle
- torch
- watch
- first-aid kit
- togs

Discussion on "What is in Your PACK" on page 2



Information, Newsletters and forms can be e-mailed to you if you contact Jacqui Stowe tazzgrannie@sbcglobal.net please pass on any enquiries to her.

www.bushwalkers.com

PLEASE NOTIFY THE WALK CO-ORDINATOR BY THE **THURSDAY** BEFORE ANY WEEKEND WALK YOU ARE GOING TO ATTEND.

WALK GRADINGS

DAY- WALK ESSENTIALS

SUNDAY WALKERS FUTURE WALKS & EVENTS

Some walks will not be open to new or non-members subject to fitness levels. This is at that walk coordinators discretion.

17 December – Fountain Falls (Gr.4)

We will access the falls from O'Reilly's passing Blue Pool and using Middle Ridge Traverse. No doubt on the return trip a welcome swim in Blue Pool. Meet at Canungra at 6.30am. Malcolm Hill to coordinate – 0421 118 686.

31 December – Binnaburra to Wagawn & return – Gr. 2.5

Return distance - 18 km. An easy rainforest walk giving access to an excellent viewpoint. Mt Wagawn offers view back to the escarpment, round to Mt Warning and over Murwillimbah to Byron Bay. To the left are the twin peaks of the Cougals, Springbrook Plateau and the Niminbah Valley. Return via Mt Hobwee adds an extra 4 km. Meet at Canungra at 8.00am. David Nickson to coordinate – Ph. 3287 3312.

7 January 2007 – Upper Portals to Lower Portals – Gr. 3.5

– 4km walk to Upper Portals from Graces Hut, then rock-hopping down Barney Creek to reach the Lower Portals, passing Capt Nehmo's Pool and Barney Falls on the way, and a 3.7km walk out. Meet at Rathdowney at 7.00am. Marion to coordinate – Ph: 3805 3300.

14 January 2007 – Mt Tallebudgera – Grade 3.5

– meet at Caltex Mudgeeraba at 8.00am. Malcolm Hill to coordinate Ph: 0421 118 686.

Saturday 20 January – Abseiling Training Day

– 7.00am at Kangaroo Point Cliffs.

26 / 27 and 28 January (Australia Day Long Weekend) – camp at Emu Creek

– hope to climb Mt Superbus to Lincoln Wreck, either Saturday or Sunday with an early start – Ken Burry to coordinate – Phone Ken 3802 1977. If you're coming, decide soon, as you need to book your campsite via the internet.

Future walks

4 February – Coomera Gorge

11 February – Running Creek Falls

18 February – abseiling Back Creek Falls

24 February – Love Creek Falls.

Got any ideas for upcoming walks?

Suggested walks coming up include:

Let us know what you want to do!!



Handy Hints:

What should you have in your **BACKPACK?**

A raincoat (preferably lightweight) should always be in your pack. You never know when you may need it, otherwise you may just find yourself suffering from hypothermia!! You may only wear it once in the year, but if it's not in your pack when you need it, that's too bad! *Don't learn the hard way.*

Long sleeved warm top (and pants – optional). Thermal gear weighs next to nothing and is excellent to always carry in your pack and can be purchased from any reputable camping or bushwalking store.

Hat – wide brim is best, but any hat is better than no hat at all. A hat with a cord, is best for windy days, or if you're scrub bashing – cord keeps you from losing it.

Sunglasses – essential protection for eyes – eye poke injuries statistically being the most prevalent injury suffered by bushwalkers. If you wear prescription glasses for distance, it is recommended they be worn as good vision means less chance of misjudging your footing and falling over etc.

First Aid Kit essentials:

- Pressure bandage – for snakebite
- Painkillers
- **Anti-histamine** – for allergic reaction to bites or stings etc.

- **Tweezers with rubber band** – for removing ticks
- **Band-aids** – in case of blisters, or minor cuts and scratches.
- **Insect Repellent** (cream or spray). Repellent is good sprayed on before dressing in the morning (ie.under your clothes) to help ward off ticks at the times of the year ticks are prevalent.
- **Sunscreen** – recommended especially on walks where there is little shade or overcast days.
- **Spare set of clothes in the car** – to change into after walk, if needed.
- **Extra food** on long walks, in case unforeseen circumstances dictate spending longer in the bush than anticipated. This can be sachets of tuna, snacks foods etc that are less perishable (and can be kept indefinitely in your pack should the need arise to use it).
- **Mobile phone** - Even if you don't have reception, text messages and the emergency calls number can be used in case of an emergency.

As with all of these items, the secret is "light-weight". The trap to avoid, is keeping your pack "light-weight" by leaving essential items out.

Holiday Ideas! Are you interested

in Hinchinbrook Island?? If you are here's some research Kit has kindly undertaken - Thorsborne Trail – North to South. Leave Cardwell Monday 27 August 07. Return Lucinda Thursday 30 August.

Camping fees \$4.50 a night (6 per permit). Boat leaves Cardwell 9am, and arrives 11.30am – cost \$66 per person – 07 4066 3270.

Boat leaves south end of island as per tides - \$46 per person 07 4777 8307.

Bus transfer back to Cardwell \$25 per person – 07 4775 4555 – works to tides – boats & car lockup in Cardwell \$6.00 a night. Cardwell has caravan Park, Motels, Holiday Units.

10 – 12 persons. NB: Cost subject to change. **Phone Kit – 5546 3519**

-- Hinchinbrook Update --
6 people presently going – 20 to 24 August –camping & climbing permits have been obtained. Are you going? Better get in quick!!

WALK REPORTS

Through walk Sheep Station Creek to Forest Tops (Booyong Track & Rosewood Loop) Saturday 2 December 2006

Campers – Betty, Alan, Carole,
Frank, Heather, Sue and Marie R.

We met at 6am at Frank and Carole's place and were soon on our way to the Lions Road, traveling at a steady pace to take in the beauty of the countryside. The intention was to walk the Border Loop of rail track on the way to Sheep Station Creek but we saw the long goods train before we arrived at the border so we continued on.

Thanks to Sue, Frank and Alan for doing a car shuttle before the start of the walk, leaving all vehicles at our campsite. We started the walk at approximately 8.05am; everyone was carrying heavy packs (in training for the New Zealand trip). Alan waited at the campsite with their super doper camp ute, he set up a camp shower and had the thermos ready for a cuppa for when we arrived – thanks.

The walk through Sheep Station Creek area with foot bridges crossing the creek several times was a delight; the water was crystal clear and tall palm trees lined the banks. Sue thought we needed an extra workout so we headed off the Booyong Track onto the Rosewood Loop.

The track was in good condition; recent maintenance was evidence as old steps had been replaced with new. I do not recall this track having steps when I first did this walk many years ago but this walk seemed much easier back then, too! At one stage Frank called out "Don't look ahead!" – steps seemed to be around every corner. Frank took the lead most of the way, clearing away cobwebs as he went and also encouraging a long green snake to let us pass. The birds were in fine form and we wished that they were visible so we could put a face to the song. A black cockatoo and

Rufous Faintail were spotted and Betty also saw three Land Mullets.

The walking track eventually came out onto a grassy service road and our immediate thoughts were – we are near our campsite, but not so, we still had a couple of kilometres to go. We found a very old moss-covered "walking track" sign pointing downhill and a decision had to be made – continue on the road or head down the track. Frank suggested the track, Heather produced a compass and with the help of a rough map we headed off down the walking track to our campsite. (The map and compass saved the day because I was favouring the road to nowhere???)

Tents went up, cuppas and Betty's beaut fruitcake went down well and then for a nice warm shower. We had dinner under a shelter with 2 built-in fireplaces. Savories and drinks to start, Carole's Chicken Risotto with tossed salad for main and Betty's trifle and cream to finish. *Thanks to Sue for suggesting this weekend and to everyone for making this a camp to remember...Marie Roberts.*

Mt Lindsay - to the Summit 8 October 2006



Walkers: Robin, Dave, Johnno,
Lynne, Malcolm & Herbert.

We had six brave walkers meet at Rathdowney at 6am for a day sure to test the nerves. Dave had done a recce during the week and today we were going to Lindsay via different route to the norm. We all piled in the Landy as the going would be a bit rough in places. We headed out to the Palen Creek Correctional Centre and did a left turn just past the said centre onto the old Mt Lindsay Highway.

We began our walk at 6.50am under cloudy skies with mist hiding our target completely. We followed the rabbit fence on its roller coaster ride for several hundred metres – then a big, big pull up to the corner of the fence which signaled the start of our climb up to the cliffs. At 7.15am we started for the cliffs and this time the going was a bit easier as the ground was reasonably dry and there were less slips and slides. At 8.30am we were at the base of the cliffs and the rocks seemed quite damp and slippery – not a good sign. We had a good feed here as lots of energy was needed for the climb ahead.

At 9.00am we began our assault of Lindsay with Dave and I being the only walkers to have been there before. Dave led the way and was soon calling for the rope. I tried to go ahead first at one point and had to hand over to Dave who never ceased to amaze us with his climbing dexterity. There are several shall I say, hairy scary bits, on the way up with one bottler of an exposed bit. However we all managed to overcome the nerves and appreciate the fantastic views to the North-East and South. It was a pleasure to watch the peregrine falcons ride the winds on the clifflay Northern end. Lynne and I thought they were young wedgetails learning to fly until Malcolm put us on the right track. Nearing the summit we came to the small clifflay bit where we should have found a huge sling attached to a huge chain. Instead we found a huge chain attached to another huge chain only they were connected by a very tiny chain which became a good talking point once you were up and over.

At 11.15am we were all on the summit and enjoyed a long lunch. Many photos were taken holding the walkers comment book tin which had Mt Lindsay inscribed thereon to defeat any doubters. Views of Mt Barney and Mt Ernest could be seen after a short scramble through the scrub. At 12.30pm we began our descent with the walk down to the clifflay bit being very straight forward. The going over of the clifflay bit was anything but straight forward. However Johnno and I made it over and down ok, with the use of the chains. At this point Dave and Malcolm decided there was a good spot to abseil from to avoid the clifflay bit and Lynne's hand went straight up. Lynne and Herbert had their own abseiling gear with them and

Johnno did as well, except his harness was fashioned from an old seat belt, but surely did the job. The Club's new extra long rope was well used and Herbert's rope was also used so we all just kept on moving down and we made really good time.

At 2.30pm we were all at the base of the cliffs feeling quite chuffed about what we had just achieved – and why shouldn't we? We had a rest here before starting the long downhill to the 4 x 4 at 2.50pm. At 3.15pm we were at the corner fence post and at the Landy at 3.45pm. Lindesay was very visible from the Landy now and how different a mount she looks – nothing like the wedding cake we are used to seeing.

Now off to Beauy for refreshments at our new favourite café whose name escapes me, to talk about the great adventure we had just enjoyed. Many thanks to young Dave for getting us there and back safely in the Landy.

Cheers,
M.O.A.B.

LARAPINTA FALLS

3 December 2006

by Marion Laban



Our walkers – Lynne, Malcolm, Marion, David, Julie, Nicholas, Justin, Johnno, Maree and Michael, Pauline, Kit and Christine.

We all met at Beaudesert to carpool and drove out to Christmas Creek. The creek was not too difficult to cross, as we started the easier part of the walk out to Westray's Grave. This was a first time walk for Christine and Pauline. I copped a slight stringing tree sting unsuspectingly stepping over a small low log across the track at one stage, that had new shoots sticking up, which just touched the back of my calf as I walked over it.

Julie & Justin opted not to continue past the grave, but to have an easy day and swim. The rest of us crossed the creek and started our off track walk in search of the mighty Larapinta Falls. Pauline decided early on that she would turn back and join Julie and Justin. Dave led her back while we waited a little while for him to catch us up again.

At one stage there was a side gully to negotiate, with very many dodgy rocks that came raining down as Malcolm first tacked crossing this gully. After that we spread out, keeping our distance between each other, trying not to send rocks raining down on anyone.

There was a large carpet snake, which I never saw, but have seen the picture of since.

We stayed out of the creek as much as possible, it being the most treacherous part of the walk. The last couple of hundred metres though dictates you must negotiate the creek to reach the falls. Maree put her hand on stinging tree leaves as she climbed over a fallen log.

This was Christine's first experience of negotiating a slippery creek etc. She had her trusty walking pole, which was a bit of a hindrance at times when on the slippery creek, as she needs both hands to hold onto the rocks etc.

We were soon taking in the delights of the magnificent falls. The sun was shining very brightly, with much wind and spray coming off the falls. Maree was keen for a swim, and swam across the pool to the bottom of the falls.

Some lunched here by the pool, and others of us chose to walk the short distance back to the shade for eat lunch. It was amazing walking away from the falls, how hot it was before

you got into the shaded area, as only a short distance from the falls there was absolutely no breeze at all.

We soon were heading back. Malcolm suggested he hold onto Christine's pole until we got back to the grave, to enable her to negotiate the difficult bits more easily.

There was a note back at the grave that Pauline, Julie and Justin had headed back. *There apparently had their own bit of drama when Julie went for swim in a rock pool and had an allergic type reaction and had to take antihistamine etc. for relief.*

As we headed back from the grave the threatening storm just started to bucket down some rain. Nicholas of course was waiting for rain, as he was keen to test out the waterproof case he has bought for his movie camera. At one point, Nicolas and I had reached the palm grove area and you could hear the frogs in full chorus. I suggested he film here, and hopefully capture the sound of the rain and the frogs croaking on video.

This week I didn't cop any leech bites (due to my vigilant applying of Rid to my boots and ankles) but when Maree turned up at Beaudesert for coffee, her feet and ankles were covered in leech bites.

Anyway, hope everyone who came along had a good day. I certainly found it enjoying, and very pleasing to show some new folk a great waterfall that most people just never get to see.

**Mt Barney – up
Peasants Ridge to Rum
Jungle and down via
Egans Creek
26 November 2006
By Marion Laban**

Our walkers – Lynne, Malcolm, Marion, David, Johnno and Herbert.

This day turned out to be quite hot, so I found the going uphill quite tough. I had to keep stopping all the time, to overcome the dizziness I was feeling. Dave and Johnno were my trusty encouragers, David plying me constantly with jelly beans. When we

reached Rum Jungle, a father and won were resting there also, having been shown by Malcolm where to find more water, as they had already drunk all their water they had brought. When asked if they were going to the top, the son said, "No, not today. Dad won't make it!".

After a welcome rest and lie down – we started on our journey down Egan Creek. The going was good initially, with the coolness of the rainforest etc. Soon though we struck some areas where the creek was jammed up with fallen logs etc, which had to be climbed over etc. The leaf mould was very deep in places, and judging where to step was quite difficult in places as well. If you could see "dirt" you knew the ground beneath your feet was not about to give way to some chasm.

After a while, I announced "I think it's going to storm". You couldn't see the sky as such, due to the canopy of the rainforest, but you could just feel it in the air. About 20 minutes later, sure enough we heard the first rumblings of the approaching storm.

Dave, Johnno and I stopped for a second rest, as I felt dizzy once more after jumping down off a huge log. I feel we made the mistake though of just sitting there too long, happily chatting, when we quickly got up as the it started to pour with rain. I'm thinking "Hey, just think how much further we'd have been along if we hadn't sat there so long?"

The others were some way ahead of us by this stage. Johnno and I started up the left-hand side, trying to stay out of the slippery creek. Johnno turned around and said, "I think you've got a leech!" I looked down, but he was pointing at a bit of twig or something stuck to my leg, but on my either leg, was the hugest leech I've ever seen. I panicked, shouting at Johnno, "Get it off, get it off!" How embarrassing.

Johnno and I soon struck a patch of lantana, and Johnno went into "bash the lantana mode" in front of me. I'm following behind, and from the sky falling on top of me was a branch of lantana. Quite funny really.

If it wasn't the lantana, I was absolutely stuck in vines, on a steep slope trying to get back down into the creek. We ended up following the creek after that for quite a while, with

Johnno trying to coax me out and up the slope. I declined saying I didn't have enough energy to keep coming up, just to come down all the time.

Anyhow, we did climb out the right hand side, when we neared the bottom onto what is the bottom section of Savages Ridge. It was very fast after that, and we soon joined the others for the walk back out to the cars.

Just before the last creek crossing before the gate, Herbert, Johnno and I were out in front, with David not far behind, and Malcolm and Lynne bringing up the rear. Apparently there was a small snake crossing the track that we three in front didn't see, but David did a big leap, much to Lynne and Malcolm's delight, as he tried to avoid stepping on the snake.

As we drove away from Barney in the early evening, we noticed there was much smoke hanging around.

Anyhow, when we having coffee in Beaudesert, someone said, "Did you look at Barney as we drove away? Apparently Leaning Peak was on fire, and we didn't even see it. Probably struck by lightning during the storm.

Anyway, a big thank you to Dave and Johnno for your patience and help on this walk, that I wanted to do, to satisfy my curiosity.

FUTURE WALKS & EVENTS - SATURDAY WALKERS

16 December – Tooloona Circuit 17.4km (Gr 1.5 – 2) This is a walk of many waterfalls and cascades.

or
Alternate 16 December – Box Forest Circuit 10.9 km (Gr 1.5) Walk the Border track with the Tooloona walkers for 1.8km at this point your circuit begins. **Starting time at O'Reillys car park 8am. Phone Marie for car pool 3297 5204.**

23–25 December – Christmas.

30 December – Ships Stern Circuit 19 km (Gr.2) – This walk passes through a variety of vegetation – rainforest, palm groves and open eucalypt forests. **Starting time at**

O'Reillys car park 7am. Phone Marie 3297 5204 for car pool.

6 January – Albert River Circuit 20.6km (Gr 2) Excellent views of McPherson and Tweed Ranges can be had from Echo Point at 12.3cm point, a good lunch spot. **Starting time at O'Reillys car park 7am. Phone Marie 3297 5204 for car pool.**

13 January – Illinbah Circuit 16.6 km (Gr.2) This is a walk of many creek crossings, be prepared to have wet feet. **Starting time at Lower Binnaburra car park at 8am. Phone Marie 3297 5204 Alternative – 13 January – Gwongoorool Pool 6 km return (Gr.1.5) Details as above.**

20 January (1) – Caves 3.2km (Gr. 1.5) An interesting area. **(2) Lower Bell Bird – Approx 7.2km (Gr.1.5)** This track passes through an area of dry rainforest. **Phone Sue for starting time etc. 5546 8781.**

Friday 26 January to Sunday 28 Jan – THROUGH WALK – Binnaburra to O'Reillys + return The walkers will carry their large packs containing weekend supplies. Alan volunteered to transport tents to the campsite in readiness for the walkers to erect on their arrival. (Thanks, Alan!) **Phone Sue 5546 8781.**

27 January – Lyre Bird Lookout / Balancing Rock / Castle Crag Half day (Gr.1.5) Views from the lookout include Mt Widgee, Lost World and Mt. Worendo. Castle Crag is a narrow razor back with no climbing difficulties but good balance is required. Excellent views can be had from the crag. **Starting at O'Reillys car park 8am (Any walker not camping to Phone Marie to book in for the walk – 3297 5204).**

3 February – Coochie Mudlo Island Walk around the island and finish with a swim. **Meet at Victoria Pt. Ferry at 8am Fare – Adult \$6 return Pensioner or Child \$3 return. Phone Marie for car pool 3297 5204.**

10th & 17th February Please phone Peter to organise walk (5543 2108) as most of the crew will be away in NZ.

24 February – Amity Point to Point Lookout (Nth. Stradbroke) This is a half day walk along the beach from Amity Point to Point Lookout and

around The Gorge. (Suitable for all walkers)

“Gold Cats” ferry to Dunwich \$16 Adult \$8 Pensioner \$10 Child (Return fare)
Bus to Amity and return from Point Lookout \$9.50 (return fare).

***Meeting time at Middle St., Cleveland ferry terminal at 7.30am
Phone Marie 3297 5204.***

3 March – Purlingbrook Falls + Waringa Pool Half day (Gr.1.2) A pleasant walk with *lush* rainforest and waterfalls. ***Phone Carole or Frank to arrange car pool – 5547 8229.***

10 March – Hinze Dam A walk in bushland beside the dam, starting time 9am, lunch in the park to finish the day ***Phone Carole or Frank to arrange car pool – 5547 8229.***

17 March – Box Forest Track, Cunningham Gap (Gr1.5) 8km. return. This walk starts from Cunningham Gap and leads down to a campsite and return OR could be done in reverse, finishing at the campsite for a thermos cuppa. ***Phone Betty for starting time and place.***

24 March – Daves Creek Circuit 12 km (Gr.1.5) This is a popular walk with great views and varying vegetation. ***Starting time 8am at Binnaburra car park. Phone Sue to arrange car pool 5546 8592.***