



# THE LOGAN AND BEAUDESERT BUSHWALKERS Inc.



[www.bushwalkers.com](http://www.bushwalkers.com)

## Newsletter Index

Club Committee-----	1
Minutes of Meeting-----	3
Walk Gradings-----	6
Future Walks-----	6
Walk Report-----	7

## December 2011

### Club Committee

#### **President**

**Sue Simpson**

☎ 07 5546 8781

✉ [suesimpson54@yahoo.com](mailto:suesimpson54@yahoo.com)

#### **Vice President**

**Malcolm Hill**

☎ 0421 118 686

✉ [malandlyn@iprimus.com.au](mailto:malandlyn@iprimus.com.au)

#### **Secretary**

**Heather O'Keeffe**

☎ 07 3208 6420

✉ [heather.okeeffe@racq.com.au](mailto:heather.okeeffe@racq.com.au)

#### **Treasurer**

**Lynne Lucas**

☎ 07 3287 4934

✉ [lmilucas@iprimus.com.au](mailto:lmilucas@iprimus.com.au)

#### **Equipment Officer**

**Robin Watt**

☎ 07 5543 2655

#### **Editor**

**Lesley Shaddock**

☎ 0417 704 145

☎ 07 5537 1773

✉ [lesleyshaddock@hotmail.com](mailto:lesleyshaddock@hotmail.com)

#### **Publicity Officer and**

**Website Manager**

**Heather O'Keeffe**

☎ 07 3208 6420

✉ [heather.okeeffe@racq.com.au](mailto:heather.okeeffe@racq.com.au)

#### **General Enquiries**

✉ [loganbbw@gmail.com](mailto:loganbbw@gmail.com)

**NEXT MEETING**  
**Tuesday**  
**10<sup>th</sup> January 2012**  
**Community Centre**  
**Wharf Street**  
**Logan Village**  
**7pm**



*The Breadknife  
Conondale Great Walk*

---

## Day Walk Essentials

Make sure these are in your pack  
**Every Week Every Walk**

- Hat
- Food
- Jumper
- Raincoat
- Sunscreen
- Torch
- Watch
- First-aid Kit
- 1-2ltr Water
- Paper & Pencil
- Map & Compass
- Insect Repellent
- Lighter Matches
- Togs if swimming
- Whistle

### IMPORTANT NOTICE

Some walks may be changed  
at the last minute due to  
weather or other conditions

PLEASE ensure you  
contact the coordinator  
before your chosen walk

### ATTENTION

**FRIDAY** is the deadline  
to notify the walk coordinator  
for Sunday day walks

#### PLEASE NOTE

Through walks, base camps  
and Saturday walks  
must notify the coordinator  
no later than **THURSDAY**

(The earlier the better)

# Minutes of Meeting

## Logan & Beaudesert Bushwalkers 13<sup>th</sup> December 2011

**Meeting opened at 7.15pm**

**Members:** Sue Simpson, Heather O'Keeffe, Lynne Lucas, Malcolm Hill, Robin Watt, Brian & Paulette Watson, Bruce Ludlow, Peter Rice, Terri Walton and Ross & Jan Taylor

**Apologies:** Doreen Davenport and Bill Dryburgh,

### Minutes of previous meeting:

As per November newsletter – Paulette Watson accepted the minutes as being accurate. Seconded by Ross Taylor

### Business arising from the minutes:

#### Treasurer's Report:

Reconciled Balances for the period to 8/12/2011		\$2,801.88
<hr/>		
Plus memberships received	\$ 45.00	
Christmas Party Funds	\$ 980.00	
	-----	
	\$1,025.00	
Less Outgoings		
Christmas Party Cheque	\$1,639.00	
	-----	
	\$ 1,639.00	
Balance held at end of period		\$2,187.88
		-----
Funds made up of		
Account Balance	\$1,796.53	
Cash on Hand	\$ 391.35	
	-----	
Reconciled Balances		\$2,187.88
		-----

Lynne moved that the report be received. Seconded by Jan Taylor

### **Correspondence In:**

- December Newsletters from Brisbane Bushwalkers and Gold Coast Bushwalkers

Emails from the following:

1. BWQ – update on Myrtle rust is Qld
2. BWQ re the Pilgrimage roster up to 2017. Our club rostered for 2014
3. BWQ – re “Midgee Wear Australia”

### **Correspondence Out:**

Our newsletter

Heather moved that the correspondence be approved. Seconded by Malcolm Hill

### **General Business:**

- Enquiry made re sausage sizzle at Bunnings, Compton Rd. Letter and current public liability certificate (31/1/12) to be dropped off by Heather. Should be able to get a Sunday but won't know straight away
- Application form and money from Diane Howlin to be accepted in to the club – moved by Sue Simpson and seconded by Brian Watson
- Phone list updated
- Information on leech bites – provided by Brian
- Brenden has provided a quote to purchase 2 way radios but nothing has been purchased yet. \$249.00 has been allocated. Two ways need to be purchased
- Gold Coast Marathon will be held on the 1<sup>st</sup> July. Heather will apply to man a water station when expressions of interest are taken around Feb 2012
- Kokoda Challenge will be held on the 14<sup>th</sup> July
- Sue commented that the Christmas Party at Thunderbird Park was a success. 32 people attended. Everyone agreed that the food was very good
- 10 walkers walked from Binna Burra to O'Reillys on Saturday 10<sup>th</sup> December. It was a very wet day with a lot of leeches about. The walk was done in a really good time of around 6 hours. Sue thanked Ross for doing the car shuttle up to O'Reillys
- Walks for 2012 were again discussed
  - Easter in Canberra
  - May Day long weekend – Mt Warning
  - June Queens Birthday long weekend – Bribie Island
  - September 8<sup>th</sup> for 1 – 2 weeks Carnarvon Gorge – coming back through Toowoomba where day walkers could meet to do the Table Top day walk

- Other walks were suggested which included – more through walks due to the success of the walks held this year, Cainbale Lookout Walk
- A South Pacific Cruise sometime in 2012 – people interested at the moment are Jan & Ross, Bill and Doreen – ring Sue if you are interested
- Heather is going to ring the “snake lady” Tansen and see if she is interesting in doing a presentation for the club. Money donated by Peter Rice and Nikki Canal will cover the cost

**Removal and treatment - Info provided by Brian.**

[http://en.wikipedia.org/wiki/Leech#Removal\\_and\\_treatment](http://en.wikipedia.org/wiki/Leech#Removal_and_treatment)



- A land leech can be removed by hand, since they do not burrow into the skin or leave the head in the wound. A sore develops and lasts for about a week
- One recommended method of removal is using a fingernail or other flat, blunt object to break the seal of the oral sucker at the anterior end of the leech, repeating with the posterior end, and then flicking the leech away. As the fingernail is pushed along the person's skin against the leech, the suction of the sucker's seal is broken, at which point the leech will detach its jaws
- Common, but medically **inadvisable**, techniques to remove a leech are to apply a flame, a lit cigarette, salt, soap, or a chemical such as alcohol, vinegar, lemon juice, insect repellent, [heat rub](#), or certain carbonated drinks. **These will cause the leech to quickly detach; however, it will also regurgitate its stomach contents into the wound. The vomit may carry disease, and thus increase the risk of infection**

**Meeting closed at 7.55pm**

## Walk Gradings

### Distance

- S** Short - Under 10km
- M** Medium - 10 – 15 km
- L** Long - 15 – 20 km
- X** Extra Long - 20+ km

### Fitness

- 1 – 3** Easy - suitable for beginners
- 4 – 6** Medium - reasonable level of fitness required
- 7 – 9** Hard - Strenuous, fit walkers only

### Terrain

- 1 – 3** Graded or open terrain, no scrub on track
- 4 – 6** Minor scrub, rainforest, rock hopping, scrambling, off or part track
- 7 – 9** Thick scrub, rock scrambling, using hands or ropes, off track

### Activity

- D.W.** Day Walk
- B.C.** Base Camp
- T.W.** Through Walk
- SOC** Social Activity
- S&T** Safety and Training
- Bush Qld** Bush Walking Qld
- FMR** Federation Mountain Rescue

## Future Walks

<b>January 2012</b>					
When	Outing	Type	Grade	Coordinator	Phone
Saturday 7 <sup>th</sup>	City Walk	D.W.	S-1-1	Kris and Nikki	0409 543 057
Sunday 8 <sup>th</sup>					
Saturday 14 <sup>th</sup>	O'Reillys thru walk and camp	D.W.	L-4-2	Sue	5546 8781
Sunday 15 <sup>th</sup>					
Saturday 21 <sup>st</sup>	Warrie Circuit or Twin Falls, Springbrook	D.W.	M-3-3	Brian	5543 1261
Sunday 22 <sup>nd</sup>					

<b>Saturday 28<sup>th</sup></b>	<b>Thunderbird Park – and lunch</b>	<b>D.W.</b>	<b>S-2-2</b>	<b>Heather</b>	<b>3208 6420</b>
<b>Sunday 29<sup>th</sup></b>					
<b>February 2012</b>					
<b>When</b>	<b>Outing</b>	<b>Type</b>	<b>Grade</b>	<b>Coordinator</b>	<b>Phone</b>
<b>Saturday 4<sup>th</sup></b>	<b>Cressbrook Camp</b>	<b>B.C.</b>	<b>S-2-2</b>	<b>Heather</b>	<b>3208 6420</b>
<b>Sunday 5<sup>th</sup></b>					
<b>Saturday 11<sup>th</sup></b>	<b>Purlingbrook Falls</b>	<b>D.W.</b>	<b>M-2-2</b>	<b>Sue</b>	<b>5546 8781</b>
<b>Sunday 12<sup>th</sup></b>					
<b>Saturday 18<sup>th</sup></b>	<b>Ships Stern or Lower Ballanjui</b>	<b>D.W.</b>	<b>L-4-4</b>	<b>Heather</b>	<b>3208 6420</b>
<b>Sunday 19<sup>th</sup></b>					
<b>Saturday 25<sup>th</sup></b>	<b>West Canungra Creek</b>	<b>D.W.</b>	<b>M-3-3</b>	<b>Sue</b>	<b>5546 8781</b>
<b>Sunday 26<sup>th</sup></b>					

## Walk Report

### Conondale Great! Walk

Have you ever considered who is more crazy, the golfer or the bushwalker? It would have to be the Bushwalker surely! Here we are out in the bush, sleeping on the hard stony ground, tramping over dale and vale in hot, humid and dusty conditions, under the strain of laden backpacks, starving ourselves on dry rations of “interesting” tastes and flavours, attacked by ticks, (these were everywhere), attacked by bloodsucking leaches, (these were everywhere), and also attacked by many March flies, (in November!). My money has to be on the bushwalker!

On this particular walk there was even an attack by a gonad seeking goanna. Notwithstanding that sometimes confronting edict “what happens on the track stays on the track”, perhaps the most telling of conclusions amidst frenzied cries of alarm, bellowed questions of concern from the rear of the group and the occasional guffaw, was the comment “it’s just a little one.” I think on this occasion our esteemed leader and organiser would have been happy just to see Mizz West, that lover of guns in pockets. I’m beginning to meander. The attached photo should make it clearer.



Back to the task at hand..... the report on the walk.....

Friday the 11<sup>th</sup> November started with a pleasant country drive, for Jan and I from Gympie, round about 7.00am. We arrived in Kenilworth and as we were early we spent a lazy half hour in the bakery overlooking the main street, sipping on a tasty latte. We wandered over to the Information centre, obtained some literature on Kenilworth and surrounds and a topographical map of the walk and headed to our meeting point where we met Brenden, Sue, Lesley, Doreen, Kit and Dave. We travelled by 4WD over rocky creeks to arrive at the day use area where we started the walk.



The walk was over 4 days with 3 night camps and covered 56kms (Day 1 11kms; day 2 17kms; day 3 15.2kms; and day 4 12kms). We actually covered 60kms what with a few side tracks and the extended distances between toilet, water tank, and tent within the camping areas themselves.

We started at a height of approx 150m above sea level climbing steadily up to just above 800m on the second day. Whilst the top of Mt Allan was some 200m lower than this high point, the walk in the hot humid conditions up to the top of Mt Allan together with fire tower on the last day was somewhat draining on our energy levels.

Vegetation varied from rain forest through wet sclerophyll to dry open forest all of which was not on a continuum but we seem to pass through various patches alternating from one to the other over the walk. We heard and caught glimpses of the birdlife. Perhaps the most frustrating was the continual audio of the Wompoo pigeon without the visuals until two sightings on two isolated occasions.

Highlights for the group were many and varied; the company, the rock pools at Summer Falls, swimming in those rock pools, the first section on the second day, the first section on the third day, views from Mt Allan, the actual sighting the Wompoo pigeon, finishing the walk, the end of the walk. With the development of the Conondale Great! Walk this area has been opened up for some potentially interesting off track walking and is certainly worth more visits.

We completed the walk by heading over to Nanna Meginns for a well earned lunch and that beckoning cuppa.

**Rob Sammons**